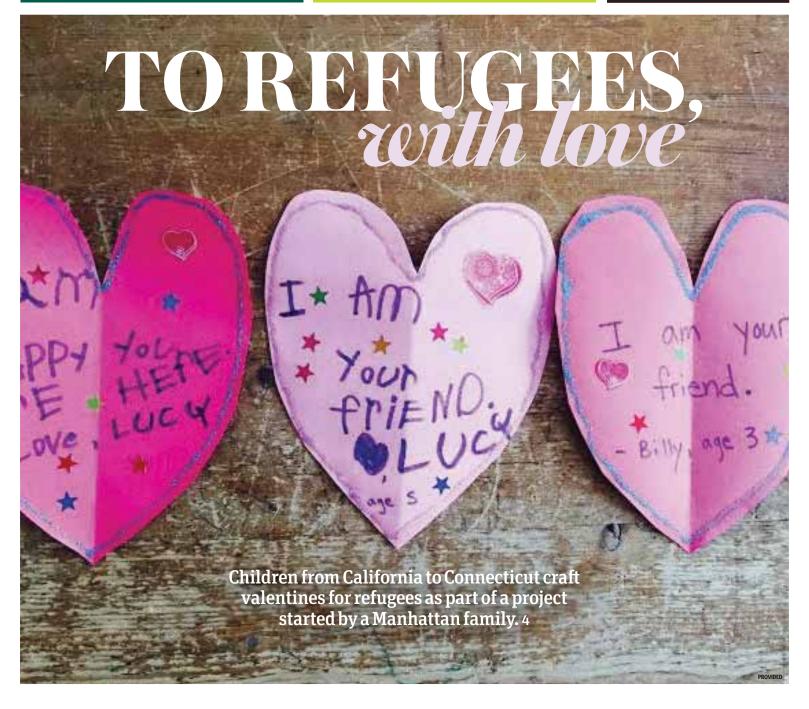


Top neighborhoods for hooking up. 11

Giants cut ties with Cruz. 31



TRUMP ONLY 'TWEAKING' GERMANY, FRANCE **CANADA TRADE TIES**

President Donald Trump said on Monday the United States will be "tweaking" its trade relationship with Canada, unlike its trade ties with Mexico where it faces a more severe situation. "We have a very outstanding trade relationship with Canada. We'll be tweaking it," Trump said at a joint news conference with Canadian Prime Minister Justin Trudeau at the White House



"It's a much less severe situation than what's taking place on the southern border. On the southern

border, for many, many years the transaction was not fair to the United States."

REUTERS

DEEPEN MILITARY TIES

Germany will move forward this week with plans to set up a joint fleet of Lockheed Martin Corp C-130J transport planes with France and join a Netherlandsled fleet of Airbus A330 tanker planes, defense ministry sources said. Those and several other initiatives with Norway, Romania and the Czech Republic are part of a broader drive to expand European defense

cooperation to be announced at a meeting of NATO defense ministers in Brussels, the sources said. The agreements come as Germany and other NATO members face increasing pressure from the United States to spend more for their own military and reach NATO's target of devoting 2 percent of gross domestic product to defense spending. REUTERS

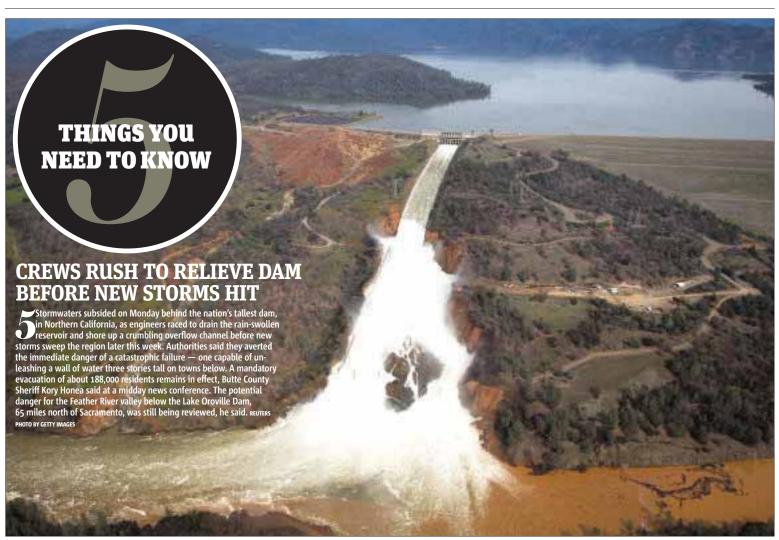
MNUCHIN CONFIRMED AS TREASURY SECRETARY

The U.S. Senate on Monday voted to confirm former Goldman Sachs banker Steven Mnuchin as Treasury secretary, installing the Trump administration's point-man on tax reform, financial deregulation and economic diplomacy efforts. The Senate voted 53-47 in a largely party-line vote to approve the nomination. Sen. Joe Manchin of West Virginia was the only



Democrat to vote in favor of Mnuchin. The Goldman Sachs veteran is in charge of the

Treasury for the first time since the financial crisis pushed Wall Street out of favor in top Washington policy circles eight years ago. REUTERS



APPLE SHARES HITS RECORD HIGH

Apple shares cruised to a record-high close Monday, helping catapult the S&P 500 stock index over the \$20 trillion mark in what amounts to a victory for plainvanilla mutual funds over a bevy of hedge fund managers who recently backed away from the iPhone maker. The largest component of the S&P 500 and a core holding on Wall Street, Apple's stock climbed 0.9 percent to end at \$133.29, above its record-high close of \$133.00 hit on Feb. 23, 2015 and giving it a market value of about \$699 billion. Its increase helped balloon the S&P 500's .SPX market capitalization on Monday beyond \$20 trillion for the first time. While mutual funds have largely bet on Apple in recent months, some big names missed out on all or part of its recent acceleration. REUTERS

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CRISTABELLE TUMOLA, WEB EDITOR

As protesters take to the streets, states are proposing laws to make sure that they get out of them. A Tennessee bill would protect drivers who hit protesters with their cars. The protester would not be able to sue the driver in civil court for any injuries (as long as they weren't hit willfully). Other states want to target protesters who impede traffic, even billing them for the cost of law enforcement or threatening prison time. Do you agree with these laws? Comment on our Facebook page (MetroNewsUS) or at metro.us/national.

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Hearts for Refugees spreads Valentine's Day message of support, kindness

Children from coast to coast crafted Valentine's Day cards for refugees as part of a project launched by a Manhattan family.



"Mom, what's a refugee?" Ashley Lavin wasn't sure how to respond when her 5-year-old daughter, Lucy, asked her that question two weeks ago. Lavin, 37, a stay-athome mom of two on Manhattan's Upper East Side, answered simply but truthfully, telling the little girl, "They're people whose homes are no longer safe, so some of them come to the U.S."

When Lucy replied, with 3-year-old brother Billy eagerly listening in, "Can kids be refugees? Can I be their friend?"

Lavin was again taken aback. "It was this moment of pure empathy and kindness. As a parent you always want to encourage that," she said.

So she decided to launch a kid-friendly Valentine's Day project called Hearts for Refugees to help New York kids and families push their collective urge toward kindness one step further. Lavin, her kids and her husband Brian, 37, began creating colorful paper valentine hearts to pass out to local refugees. The cards bear inclusive messages of encouragement, such as "I am your friend" and "I am happy you are here."

Lavin spread the word about the project to family and friends online, enlisting the support of people from Connecticut to California, as well as a number of women in her neighborhood moms'

group. "The response has been incredible," she said. Hundreds of people have since deposited handmade own heart cards in drop boxes Lavin set up around Manhattan.

The New York-

Res-

ternational

cue Committee agreed to

distribute the cards, and

to spread the love even

further, Lavin created

an online fundraising

page, where her family

will donate \$1 to the IRC

for every heart card col-

lected (up to \$1,000). New York City schools, synagogues, shops and community groups have also jumped in to show their openarmed spirit, hosting drop boxes and making

cards for the proj-

for Latinx youth in Wash-

ington Heights, was one

such group. Ann Penning-

ton, a New York City styl-

ist, helped organize the

Operation Exodus event,

where approximately 50

children from the tutoring program designed their own hearts for refu-

"The kids were so excited. They knew what this was all about," Pennington said.

For her part, Lavin

countless New Yorkers in protest.

Though she started Hearts for Refugees as a small project to encourage kids' compassion, after receiving such a promising swell of support, Lavin now sees it in



"had to be" following the enactment of President Donald Trump's notorious Muslim ban. His highly restrictive executive order, since suspended by a federal appeals court, mobilized

er light. "We've been able to teach [children] that the world around them is full of overwhelmingly good people," she said. "And that if we all work together, we can do amazing



New York Tuesday, February 14, 2017



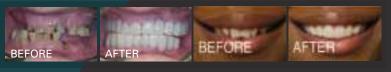
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From Iraq, with love: Refugee family embraced in US days before travel ban

Iraqi refugee Mohammed Hameed and his familv were embraced when they landed, not banned.



It took three years for Mohammed Hameed to go through the immigration process to get to America from Iraq despite his dangerous service as a translator for the U.S. Army. He and his family landed at Newark International Airport just three weeks before President Donald Trump signed an executive order banning travel from his country and six other Muslim-majority na-

'We escaped that fate. The whole thing, arrival and getting in was so easy," he told Metro.

When he landed, the resettlement agency landed, Church World Service was waiting at the gate to welcome them. "They received us with open arms," he said, grateful for the abundant care CWS showed in providing for their needs — finding them a safe home in Bayonne, New Jersey, enrolling his children, Abdullah, 10, and Sarah, 7, in school, and helping him find employment.

"I was trying to find a refuge, a safe haven for my family," Hameed, 38 said. "The nature of the American people. They are so friendly, unlike other people in the world. So kind."

CWS resettled 9,679 individuals from 41 countries last year; its dozens of other programs assist in crises from safe water access to the unaccompanied children crisis. Since it was founded in 1975, it has resettled three million people.

Although the travel ban remains suspended by an appellate court de-cision, Trump promises to pursue his campaign promise to prevent peo-ple from Muslim countries from entering the country with a revised executive order.

Hameed's story is a powerful example of the people affected by the ban. He was invited to speak at a conference with Sen. Chuck Schumer to share the details of his journey.

Danger had persisted for Hameed and his loved ones in Baghdad even after the Iraq war ended in 2011. Hameed had helped Americans as a translator for 10 years, and because of that he was a target for terrorist groups looking for "American spies," he

His house was once invaded by terrorists, with the help of Iraqi police; Hameed was not home but on a U.S. Army base for a monthlong training. But his lookalike brother was kidnapped in the raid. He was held for three days, beaten, tortured and thrown on the side of the road where by chance his family found him.

Several of Hameed's



Mohammed Hameed and his daughter Sarah BESS ADLES

"We escaped that fate. The whole thing, arrival and getting in was so easy."

Mohammed Hameed

friends and fellow interpreters were killed. "I would be dead now" if it were not for a special American program that aided interpreters to emigrate.

When Hameed wed his wife Israa in May, 2006, it was at the height of Iraq war violence and everyone was telling him, 'This is the wrong time, don't do it," he said. But his love for his bride-tobe, whom he met by his

mother's arrangement, prevailed, and he found refuge from the war in the affection of his family, he said.

"It is when you live in harsh conditions and hardships, you get a glimpse of hope for the future," he said. Getting here, finally, has been a tremendous relief, and illuminated a better future for his loved ones,

Yet his pain didn't dis-

appear the moment he landed in America.

"It's not easy to forget what happened in the past. The fear of risks — you are trying to find relief from that distress, but you still have a lot of things on your mind.'

What he has is a kind of medicine to help him heal: love.

"Love is one of the things that is helping me through the distress. Love

and family."

Today is Hameed's first Valentine's Day, a day he'd heard about but never observed. His plan is to embrace his family and celebrate being in a place where danger cannot tear loved ones apart.

Relief and resettlement agencies you can donate to:

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Relief, development and refugee assistance arm of the National Council of the Churches of Christ. (212) 870-2188 cwsglobal.org

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INTERNATIONAL INSTITUTE OF NEW ENGLAND

Resettles more than 600 refugees each year from countries such as Afghanistan, Congo, Iraq and Sudan. Boston office: (617) 695-9990 iine.org

PENNSYLVANIA REFUGEE RESETTLEMENT PROGRAM

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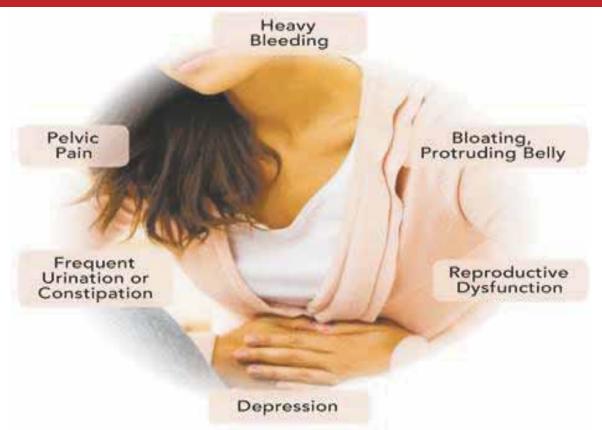
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Dog mauls Queens woman, 75, to death

An elderly Queens woman was mauled to death by a mastiff that she had adopted from a local shelter, reports said.

Just before 1 a.m. on Monday, police responded to a 911 call at the woman's 27th Street home in Long Island City. They found 75-year-old Louise Hermida unconscious with trauma to her upper torso, police said.

A 39-year-old man, identified in media reports as her autistic son, was also inside the home with an injury to his lower left leg after he was reportedly bit by the dog. He had gone to a neighbor's house to report that his mother had been attacked by the dog.

They were both taken to New York Presbyterian/Weill Cornell Hospital, where the woman was pronounced dead. Police reportedly sedated the dog at the scene, and it is now in the custody of Animal



An example of a grown mastiff (not related to the article) WIKIMEDI

Care Centers of NYC.

Hermida had reportedly planned to return the mastiff on Monday because it was too aggressive. She had adopted the dog from the ACC nearly six years ago, an ACC representative told news reporters.

A neighbor told reporters that Hermida and her son owned several dogs and that the mastiff had recently attacked a dog on the street.

Mastiffs are described as "courageous and dignified, but good-natured and docile," with "medium energy," according to the American Kennel Club. A grown male can weigh up to 220 pounds.

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Playboy lifts ban on naked women

Playboy magazine without nudes didn't get much play.

The 62-year-old magazine has decided to remove its ban on fully-naked women due to poor sales of the already suffering gentleman's publication, Playboy's social media accounts revealed Monday.

The March/April issue will herald a return of private parts with a cover stating "Naked is normal," printed across the breast of an uncharacteristically natural-styled model Elizabeth Elam. The issue is also downloadable at Playboy.com.

Upon the suggestion of chief content officer Cory Jones, and with the blessing of the magazine's founder Hugh Hefner, the magazine stopped printing photos of fully-nude models in March 2016. In their place were scantily clad women, and poses with objects strategically covering nipples and vaginas. It was a bid to increase its appeal to a broader audience in the face of competition, par-



Screen grap from Playboy's Twitter account announcing the return of the

ticularly the availability of pornography online.

In recent years the magazine suffered a drop in readership; the magazine had a circulation of 5.6 million in 1975, and only 800,000 in late 2015.

You're now one click away from every sex act imaginable for free,' the company's chief executive told The New York Times in October 2015 ahead of the embargo.

But sales tanked further after the nudity ban, prompting Hefner's 24-year-old son Cooper

to slam the decision as a death sentence for the publication.

'When you have a company and the founder is responsible for kick-starting the sexual revolution and then you pluck out that aspect of the company's DNA by removing the nudity, it makes a lot of people including me sit and say: 'What the hell is the company doing?"

The young Hefner was one of the first to applaud the decision to bring back the magazine's tradition.

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 - Option 2: You can remain in the Class and hire your own counsel at your expense. At this time you are represented by the Class Coursel
 - . Option 3: You may ask to be excluded from the Class, in which case you will not be entitled to share in any settlement or recovery obtained on behalf of the Class, but you will have the right to file your own suit for monetary relief.
- To exclude yourself from the Class you must send a letter postmarked no later than April 30, 2017, with your (i) name, (ii) address, (iii) telephone number, (iv) signature, and (v) say you want to be excluded from Gulino v. BOE. Send the letter to Gulino v. Board of Education, PO Box 9000 #6543, Merrick, NY 11566-9000.
- If you choose to remain in the Class, you must submit a claim form in order to be eligible for monetary and other individual relief.
- To get a claim form or if you have questions about this case, you may contact The Garden City. Group, Inc. at no charge to you:
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'GENTLE WHISPERING' INTO THA **GOOD NIGHT**



While looking for good sleep, I found fear of commitment.

Watching every epi-sode of every "Law & Order" incarnation there is, lying on the couch, too anxious to face the bed (why don't I just marry it?!), lulled by the cadence of the dunduns, I'd end up eating ramen noodles and watching TV until my brain cried uncle.

They say to turn off technology, but what if A/V does the trick?

Imagine a delicate voice, kissed by an Eastern European accent, telling you, "I sense telling you, that something could be troubling you and I would like to provide you with the comfort if you allow me.'

The voice Maria (surname withheld for privacy reasons), who started listening and watching autonomous sensory meridian response (ASMR) videos in 2010 to overcome her anxiety. Eventually, Maria started making her own videos under the name "Gentle Whispering" and is now the god-mother — the OG, if you will — of ASMR videos.

ASMR gives the listener a tingly, euphoric sensation created by positive feelings, visual stimuli and acoustic triggers.

Some people listen to music and are uplift-

ed and inspired — we like to say it's the same sensation, but instead of excitement, it relaxes you," Maria explained.

There are people who can fall asleep to sounds of the rainforest, but Maria said the human element is what makes ASMR special. "People of an older age, like kids, like to be put to bed by our parents or loved ones," she added. "As an adult, you don't get to feel that anymore.'

I tried ASMR a few years ago but it didn't seem to stick with me. For starters, I'm terrible at keeping a routine. Also, ASMR just didn't knock me out cold, and I'm an "I want it now" kind of person.

After speaking to Maria, I gave ASMR another shot.

Maria whispered in my ear, and that familiar scalp tingle returned and I relaxed, but my brain seemed too interested in what this pretty lady was doing on screen and what was going to happen next (the same reason I can't read before bed).

There isn't a lot of research done on ASMR, Maria said, but she gets comments on her videos from all walks of life.

"Almost 80 percent see a real change in mood, levels of anxiety levels or depression, Maria said of her followers. "They feel like they are being taken care of and helped."

Be sure to check back on Tuesdays to see what I try next. Until then, stay away from the ramen! It doesn't work.

"Almost 80 percent see a real change in mood, levels of anxiety levels or depression."

West Village residents are twice as likely to find a date, analysis finds

Where you should live if you want to find a date in NYC.



New Yorkers can be particular when it comes to where they want to live often sacrificing space, amenities and privacy for a better neighborhood. does our

But how choice of where we affect live dating our lives?

Real tate website StreetEasy dating and Hinge app decided to analyze that question just in time for Valentine's Day, finding desirthat able dates and attractive real estate go hand-

in-hand. The West Village "was by far the most popular neighborhood in the city, and who those live in the neighborhood are twice as likely to attract a potential date," a c cording to their

findings. The analysis also found that residents of Muring with someone on Hinge.

Moving to the outerboroughs, Greenpoint residents were also highly desirable, but "some of the most discerning daters, with the lowest average save rate of any other neighborhood in the city." However, they were highly likely to pursue a relationship, unlike in the West Village, where they were hard to get.

The Upper East Side was where the most

Top 5 most popular

neighborhoods

1. West Village

3. Flatiron District

2. Murray Hill

4. East Village

1. Williamsburg 2. Brooklyn Heights

3. Greenpoint

4. Fort Greene

1. Astoria

5. Sunnyside

5. East Williamsburg

2. Hunter's Point

3. Long Island City 4. Forest Hills

West Village

5. Chelsea

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single 20-somethings live, but most single 30-somethings were found across the East River Wilin liamsburg.

Queens made the list, with Astoria ranked as the third mostsought after neighborhood and thirdmost open

"Astoria was most saved neighborhood [among

to meeting

peo-

new

Hinge users], a n d peop l e living there often reciprocated, your odds at finding a date in As-

toria are pretty high. There isn't much nightlife in the neighborhood, but the Beer Garden at Bohemian Hall is an ideal date spot," according to StreetEasy's blog.



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House tax committee will not seek Trump tax returns

A congressional tax oversight committee will not seek President Donald Trump's tax returns despite calls from Democrats for a review to determine possible business ties to foreign countries including Russia, the panel's Republican chairman said on Monday.

"If Congress begins to use its powers to rummage around in the tax returns of the president, what prevents Congress from doing the same to average Americans?" House of Representatives Ways and Means Committee Chairman Kevin Brady told reporters.

"Privacy and civil liberties are still important rights in this country, and [the] Ways and Means Committee is not going to start to weaken them."

The Texas Republican was responding to questions about a Feb. 1 letter from Representa-



President Donald Trump GETTY IMAGES

tive Bill Pascrell, a Ways and Means Democrat who asked Brady to obtain Trump's returns from the U.S. Treasury so the committee could review them in closed session and vote on whether to release them to the public.

Pascrell's office had no immediate response to Brady's remarks.

Defying decades of precedent, Trump has long refused to release the documents, which Democrats say could show whether his sprawling business empire poses any conflicts of interest as he moves forward with initiatives on issues ranging from tax reform to foreign relations.

Experts say federal law authorizes the House Ways and Means Committee, the Senate Finance Committee and the Joint Committee on Taxation to examine individual returns.

The two other panels are headed by Sen. Orrin Hatch, a Utah Republican who dismissed the idea of seeking Trump's returns last week.

House Republicans contend that the authority to examine tax returns was meant to ensure the proper administration of the tax code. Brady said his panel was doing just that in 2014, when it released confidential tax data during a probe of IRS treatment of conservative group applications for nonprofit status.

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Baby Boomers May Avoid Knee Surgery With Modern Arthritis Treatments Doctors say these two factors are the keys to knee arthritis treatment success and relieving pain without surgery

By Matt Edgar

America's Health Writer

New York City - Everyone has said it at one time or another. If I had only known about "this" sooner - things would be very different today.

That's what many knee arthritis pain sufferers are saying about this technology and treatment.

"We all know that countless lives are being saved every year because of early detection and better treatment" noted the clinic director at the NY Pain MD in New York City. "The same holds true for treating arthritis pain. I believe we are having so much success at NY Pain MD because of two factors: One is we are using advanced medical technology and treatments a lot of clinics do not use. And second, the word has spread to our community and so many knee arthritis sufferers are coming in sooner. And the earlier we can treat knee arthritis the better the results. The key to trying to avoid knee replacement surgery is doing the correct treatment as soon as possibly

What is the "correct treatment?"

"That depends," said the director. "There is no one answer when it comes to medical conditions. Knee arthritis is no different. That's why, if you have knee pain, you should have it evaluated by a doctor who deals with and treats knee pain every day," added the director.

For many knee arthritis pain sufferers the right treatment is Viscosupplementation whereby a preparation of Hyaluronic acid a gel-like FDA approved medicine is applied directly into the knee joint using *Precision Arthritis Targeting Technology*.

Hyaluronic acid is the natural lubricant and shock absorber of your joints and is found to be decreased in arthritis sufferers. This is similar to running your without oil. Obviously, the sooner you put oil back in the car - the less damage will be done. That's why some doctors feel early viscosupplecosupplementation gets the best results and is so important for avoiding surgery.

The director believes one of the most important factors for the success of viscosupplementation is making sure you are getting it into the joint space precisely. That's why the doctors at *NY Pain MD* use advanced imaging technology to apply *Precision Arthritis Targeting* during every treatment.

A device called the "C-Arm" allows the doctor to see into the joint and actually watch the medicine be applied exactly where it is supposed to. Research shows that performing procedures without Precision Arthritis Targeting (P.A.T.T.)can result in missing the joint space as much as 30% of the time. If you had viscosupplementation treatments without Presision Arthritis Targeting Technology and did not get good results - this may be why.

"If you have knee arthritis pain, viscosupplementation might be the answer you are looking for. The keys are not wait, get a good evaluation from an expert and make sure precision arthritis targeting is used to make sure you have the best chance for success."



Can This Be Avoided? Total knee replacement is serious surgery requiring months of rehabilitation. Some doctors think modern treatments done early enough can keep baby boomers from going under the knife.



Normal Pain-Free Knee Joint

Everyone Wants Proof:

In the artist simulated drawings, picture #1 is a normal, pain-free knee. There is no arthritis and the knee can move and bend freely without pain.



Knee With Painful Arthritis

Pain -

Illustration shown is a knee joint with painful xosteo-arthritis. Arthritis causes the joint space to decrease, grinding, stiffness, decreased motion, bone spurs, swelling and a lot of pain.



Hyalgan Injected Directly Into Knee Join like "Joint Oil" | | Sucessful Treatment -

Successful Treatment - Hyalgan (blue) being precisely injected directly into the knee joint using Hologic digital imaging. Advanced imaging allows treatments to be as precise as possible. Hyalgan can lubricate the joint and decrease pain.



Research Shows Doctors Miss The Joint Space Up To 30% Of The Time Without Advanced Imaging Failed Treatment -

The injection (and Hyalgan) misses the joint space. Research shows this occurs up to 30% of the time without the use of Hologic digital imaging to guide the injection. This is why Hyalgan may not have worked for you.

Knee Pain Screenings Offered To Help Determine If New York Metro Area Residents Qualify For Popular Treatment

Knee pain sufferers have limited time to claim knee pain screening to see if all-natural knee arthritis treatment might work for them

If you qualify for this treatment, it might be one of the happiest days of your life.

That's because, for the past year and a half, hundreds of knee pain sufferers have flocked to *NY Pain MD* New York City.

That's when their specially trained-doctors added Hyalgan treatments to their already successful comprehensive knee pain relief program.

Viscosupplementation is unique because - eventhough it is manufactured by a pharmaceutical company, it is NOT considered a drug because it is a natural substance with an incredible story.

Why So Many Want It

You see, when you suffer with arthritis - the lubricating fluid (synovial fluid) in your knee joint dries up.

This means instead of gliding smoothly - your bones start to rub and grind against each other.

This causes a little pain in the beginning - but over time the pain steadily gets worse until it is excruciating.

Like "Joint Oil"

Viscosupplementation works so well because it is like 'joint oil." It is a natural substance that contains one of the natural building blocks of the synovial fluid that lubricates your knee.

Scientists and researchers discovered this natural building block to synovial fluid in the rooster's comb - that big red thing on top of the roosters head. It is extracted from the roosters comb, purified and concentrated. They have also developed medical lubricants that are also natural but made a bit like yogurt and "cultured" into highly effective arthritis pain-fighting medical lubricants.

When introduced directly into your knee joint, it is like squirting oil on a rusty door hinge.

Viscosupplementation allows your joints to glide more smoothly eliminating a lot of the rubbing, grinding and pain.

Can Supplements Do The Same Thing?

No. Glucosamine and chondroitin and other supplements are much different. You can only get this from a doctor and it often helps knee pain sufferers who got limited or no success from glucosamine and chondroitin. Beware of unsubstantiated claims made by supplements to do what this advanced medical procedure does.

Why You Should Try This Even If You've Already Had Similar Treatments Without Results...

"We have been able to help so many knee pain sufferers - even many who have already tried other treatments like Synvisc, Supartz, Orthovisc and even Hyalgan. This is because our treating doctors always use "Precision Arthritis Targeting Technology". This allows us to place the Viscosupplementation exactly where is needs to be. Studies show doctors doing joint injections without technology can miss the joint up to 30% of the time." noted the Director of Center

NY Pain MD is a state of the art medical facility offering only the best technology.



Advanced Medical Technology Can Make All The Difference: This advanced Precision Arthritis Targeting Technology using fluorososcopic imaging allows doctors to see directly into the knee joint so treatments are precise and the FDA approved lubricating medicine actually goes EXACLTY where it is supposed to. Studies show that procedures done without this technology can miss the joint up to 30% of the time. This is one reason Viscosupplementation may not have worked for you in the past. NY Pain MD uses this P.A.T. Imaging Technology. with each and every treatment.

And that's not all:

"Every case is individual. Some patients get quite a bit of relief right away - others take a little more time. But most have been extremely happy. We've noted results lasting no less than 6 months for many but up to 2 years for some patients. Patients who were suffering for years with bad knee pain are getting their lives back... going for walks again and exercising. It's amazing to see. They tell all their friends - that's why we are swarmed. After getting treatment and feeling better, many patients have decided to cancel their total knee replacement surgeries." added the director.

How To Find Out If It Can HelpYou?

If you have knee pain, the *NY Pain MD* doctors would like to invite you for a no-obligation screening to see if you are a candidate for their treatments using *Precision Arthritis Targeting Technology*.

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right now and when the scheduling specialist answers the phone tell her you would like your no obligation "Knee Pain Screening." The doctors at *NY Pain MD* can only accept a limited amount of new patients each month for this screening - so if you are interested please call now. Your no obligation screening will only take about 25-30 minutes... you will get all your questions answered and leave knowing if you have possibly found the solution to your knee pain.

And here's something really important - Viscosupplementation treatments are covered by most insurance, union plans and even medicare. To schedule your no obligation screening or if you have any questions:

Call: 800 885 KNEE (5633)

Are You Qualified For Knee Arthritis Screening With NYC Pain MD?

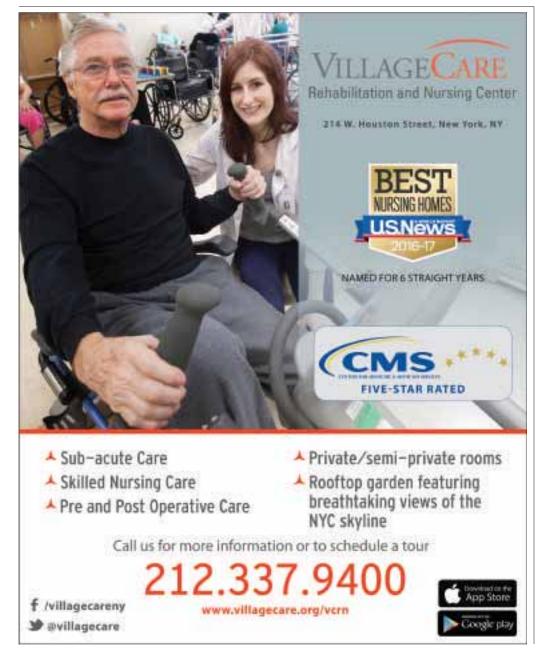
- Do you have pain and osteoarthritis (arthritis) of the knee?
- Have you tried other treatments such as NSAIDS and other anti-inflamatory medications without success?
- Have you already tried viscosupplementation (Hyalgan, Suparz, Synvisc) without satisfactory results?

If you answered yes to any of these questions
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16 NEWS TUESDAY, FEBRUARY 14, 2017

Canine champions compete in the Westminster dog show





US lawsuit seeking \$100 million from Lance Armstrong heads to trial

A federal judge on Monday cleared the way for a U.S. government lawsuit seeking nearly \$100 million in damages from former professional cyclist Lance Armstrong to go to trial, court papers showed.

The U.S. Justice Department has accused Armstrong of defrauding the government by accepting millions of dollars in sponsorship money from the U.S. Postal Service (USPS) as he led the team to a string of Tour de France victories while doping.

Armstrong was stripped of his seven Tour titles and banned for life from bicycle racing in 2012 by the U.S. Anti-Doping Agency after it accused him in a report of engineering one of the most sophisticated doping schemes in sports.

Nicole Navas, a spokeswoman from the Department of Justice, declined to comment on the case.

Eliot Peters, an attorney for Armstrong, did not respond to a request for comment.

Armstrong, who had long denied using performance-enhancing drugs (PEDs), admitted to doping in January 2013.

Armstrong's former



teammate, Floyd Landis, originally brought the lawsuit in 2010 under a federal law, the

False Claims Act, that lets whistle-blowers pursue fraud cases on behalf of the government, and obtain rewards if successful.

The Justice Department joined the case in February 2013. Armstrong, who contends that the USPS benefits outweighed the sponsorship costs, sought to have the case decided by summary judgment in April 2016.

Because the government has offered evidence that Armstrong withheld information about the team's doping and use of PEDs and that the anti-doping provisions of the sponsorship agreements were material to USPS's decision to continue the sponsorship and make payments under the agreements, the Court must deny Armstrong's motion for summary judgment on this issue," Judge Christopher Cooper of the U.S. District Court for the District of Columbia wrote in a 37-page ruling on Monday.

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Courts likely to probe Trump's intent in issuing travel ban

The presidential order imposed a temporary ban on travelers from seven predominantly Muslim countries, but a federal judge has barred enforcement of the order while the court considers a challenge brought by Washington state.

Washington state's attorney general has promised to uncover "what truly motivated" President Donald Trump's executive order on immigration, an approach that could prompt a rare public examination of how a U.S. president makes national security decisions.

On Thursday, the U.S. Court of Appeals for the 9th Circuit left the judge's ruling in place without



Washingon state Attorney General Bob Ferguson GETTY IMAGES

deciding the ultimate merits of either side's arguments. In its decision, the 9th Circuit cited a previous case establishing that "circumstantial evidence of intent, including ... statements by decision makers, may be considered in evaluating whether a governmental action was motivated by a

discriminatory purpose."

The Trump administration has argued that the ban is necessary to prevent potential terrorists from entering the country and is not discriminatory because the text of the order does not mention any particular

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General Bob Ferguson signaled on Sunday that he will move aggressively to obtain written documents and emails authored by administration officials that might contain evidence the order was unconstitutionally against Muslims or Islam. He also said he would also move to depose administration officials.

Legal scholars say this could move the court into uncharted waters.

"The idea of looking at motive has never really been applied to the president," said John Yoo, a former Justice Department lawyer in the George W. Bush administration.

"It would represent a serious expansion of judicial oversight of what the president and the entire executive branch does,' said Yoo, now a professor at the University of California at Berkeley School of Law. REUTERS

Travel snarled, two dead, as winter storm pummels New England

Close to 1,000 flights were canceled and hundreds of vehicle crashes reported as a winter storm hit New England on Monday, dropping as much as 2 feet of snow on parts of Maine and leaving two dead in Massachusetts.

A 72-year-old man in Worcester, Massachusetts, died when he was struck by a snowplow on a roadway and a 60-yearold man died after being struck by a snowplow in a Bedford parking lot, police said.

Maine State Police urged people to stay off roadways due to large numbers of tractor-trailer crashes.

"We are having multiple crashes resulting in the blocking of roadways and ramps causing traffic to come dangerously to a stop," the state police said in a statement.

The storm, accompanied by winds up to 55



Lynnfield, Massachusetts GETTY IMAGES

miles per hour, downed tree limbs and power lines.

"It's probably our worst storm of the winter," said Michael Sempa, a meteorologist with the National Weather Service. "The winds have picked up, the fallen snow is blowing around and we are still getting bands of new snow moving through."

Courts were closed throughout New Hampshire and Massachusetts, prompting a one-day delay in the start of jury selection for the double murder trial of former New England Patriots football player Aaron Hernandez. REUTERS

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Son of Jerry Sandusky arrested for child sex abuse, child pornography

Jeffrey Sandusky, the adopted son of Jerry Sandusky, faces allegations that he solicited oral sex from a minor.



The son of former Penn State assistant coach Jerry Sandusky was arrested on Monday in connection with child sex abuse charges, according to reports.

Jeffrey Sandusky, 41, is being held on \$200,000 bail at Centre County Prison pending a preliminary hearing on Feb. 22, CBS3 reported.

Sandusky, the adopted son of convicted child molester Jerry San-

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Jerry Sandusky, a former assistant Penn State football coach, was convicted for child abuse in 2012 GETTY IMAGES

dusky, faces 14 charges, including child sexual abuse, statutory sexual assault and child pornography.

He is accused of soliciting oral sex and naked photographs from the teenage daughters of a

woman with whom he lived, police said.

Rockview State Correctional facility, Jeffery Sandusky's employer, suspended him pending the outcome of his trial, NBC's Tom Winter tweeted.

Police opened an investigation into Jeffrey Sandusky last November, according to the criminal complaint. One of the girls mentioned in the document saved text messages from Sandusky



seeking naked pictures. The girl showed the messages to her father, who contacted police, according to investigators.

Neither Sandusky nor a lawyer representing

him could be reached for comment.

The elder Sandusky, 72, is serving 30 to 60 years in state prison after a jury convicted him in 2012 of molesting 10 boys at Penn State sports facilities or through the auspices of The Second Mile, his former charity.

Sandusky founded the charity in 1977 for at-risk children. His molestation victims were children he met there, and some of them testified against him at his 2012 trial.

He is currently pursuing an appeal in county

Penn State has shelled out a total of \$93 million to 33 people alleging that Jerry Sandusky sexually abused them.

Reuters contributed to this report.



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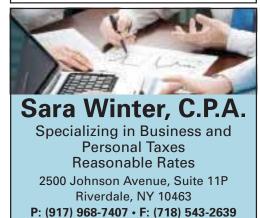
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And that doesn't mean sitting through a lesson from an uncredentialed stranger lecturing out of his mother's basement.

At EdX, a nonprofit MOOC provider run by Harvard and the Massachusetts Institute of Technology, users can choose from more than 1,300 courses taught by distinguished university professors at top-tier colleges. There are no admissions processes or enrollment fees; there's no need to even leave your bed.

It's a revolutionary approach to the traditional college experience, explains EdX CEO, Anant Agarwal. Rather than sitting in a classroom, students follow the virtual lesson plan by watching



short videos given by the professor, and then taking quizzes on the material.

And they're not only lecture-style videos. "Say you're taking a course on supply-chain management." he says. "The professor might take you on location and do interviews with teachers in the field or have you actually watch some demonstrations.

"In some cases, it's almost like watching reality TV"

Payment is factored in only if students want to pursue a verified certifi-

cate of completion after passing the course. It's an entirely different model founded on the idea: You pay if you pass.

"In our current system, you pay up front, and if you fail, tough luck," he says.

"Here you can learn for free; if you want a credential, you pay \$50, and then if you want the credit to transfer onto your transcript, you pay around \$600, which is about half the price of state tuition."

As the trend toward online education continues to gain momentum, the standard four-year degree might soon be a thing of the past.

Agarwal proposes a foreseeable alternative: Students would spend their first year taking classes online, the following two years attending a physical college for the experience, and their final year finishing their degree while also stacking up online credentials.

Of course, these online courses are beneficial not only to those attending college. For high school students, he says, the courses may offer a chance for them dip their toes in the water and test out different subjects before deciding on a major.

And for people in between — those with a career or in the process of looking for a job — there's always the option of a "micromaster" degree.

"In my vision of the future, people will be what I call continuous learners, going through life and collecting microcredentials along the way," Agarwal says.

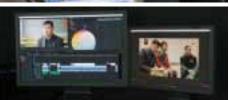


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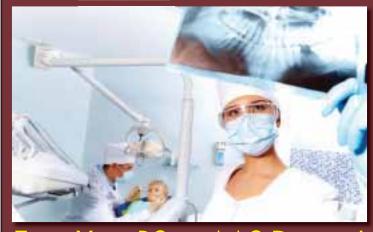




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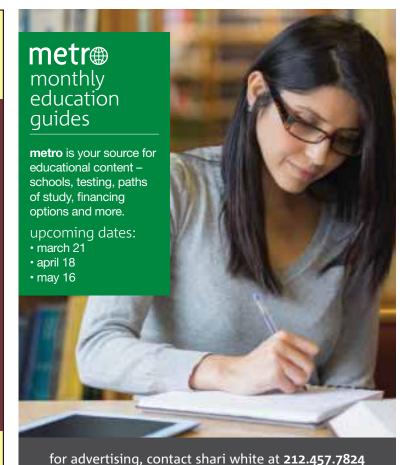


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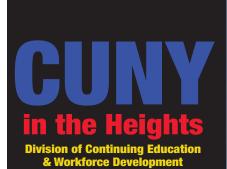
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Derek and Hannah Jeter are having a baby

Add another couple to the list! Celebrity couple #329 - I'm assuming, because everyone is pregnant at this point Derek and Hannah Jeter are expecting their first child. The 26-yearold model, formerly of Sports Illustrated Swimsuit fame, announced her pregnancy on The Player's Tribune. The for-athletes, byathletes media site,



are!

which is owned by Derek Jeter himself, has a new column in which athletes' friends and family members gush about how darn great they are. Hannah Jeter thought that was the perfect place to announce: a) her pregnancy and b) that she thought he was a pitcher. The pair mar-ried in July 2016 after dating for three years.

According to E! News, they are extremely excited and in love, and are super-looking-forward to having a family. Congratulations to the couple who just can't stop telling us how damn happy they

Val Chmerkovskiy on his breakup with Amber Rose

Trolls gonna troll. And apparently they've been hounding Val Chmerkovskiy about his recent split from Amber Rose. On Instagram, the "Dancing With the Stars" pro wrote a lengthy message taking on the, erm, haters who have been spamming his posts.

"I am addressing this topic solely in hopes that after reading y'all will

stop spamming my posts," the 30-year-old wrote. "We decided to end our relationship a week ago. .. She's an amazing woman that I feel very lucky to have gotten to know and love." He goes on and on ... and on. Seriously, the post did not need to be this long. The unkind messages were likely inspired by Rose's recent

and exceedingly public reunion with ex-husband Wiz Khalifa. They were spotted kissing and doing some above-thewaist stuff on the red carpet this weekend. Chmerkovskiy had been dating Rose, 33, for about five months. And now, let us mourn yet another long and fruitful celebrity relationship.



Kylie Minogue breaks up with ex because of fam

Oh, man. It's looking like there's more to the story of Kylie Minogue's broken engagement, and it is not pretty According to the Daily Mail, the 49-year-old singer kicked out ex-fiancé

Joshua Sasse after her

family gave her an ultimatum: Choose between us or him. It appears that the Minogues do not play games. An insider it's always those damn mysterious inside sources, isn't it? - says sister

Dannii Minogue found out some stinging truths about Sasse and organized some sort of dramatic intervention. Minogue's parents were reportedly concerned that the 29-year-old "Galavant" actor was using Minogue for her fame. Now, I'm not saying Sasse is a gold digger. But he ain't messing with no broke brokes, ya feel me?

Solange is truly my fave. The "Cranes in the Sky" singer, who grabbed an award at the Grammys this weekend for Best R&B Performance, took to Twitter with a cryptic message after sister Beyonce was snubbed for Album of the Year.

RACHAEL CLEMMONS

rachael.clemmons@metro.us

"Wuddup frank," she wrote, linking to a Tumblr post that rapper Frank Ocean wrote last week. According

Solange hints at Grammys boycott



to People, Ocean had extensively criticized Grammy organizers Ken Ehrlic and David Wild, and accused the show of

suffering from "cultural bias and general nerve damage" — which, true. Many performers skipped the awards this year, including Ocean, citing how archaic they've become.

The younger Knowles, 30, is no stranger to controversy. May I remind you of the elevator debacle? Basically, Solange suffers no fools. Be careful, old white dudes who run the Grammys.





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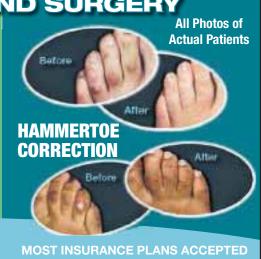
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Single and Swiping: How to make sure your conversation flows on a date

Single and Swiping



It's not uncommon to go on a date that feels forced and wonder, "How could I have misread the connection?' It can happen whether you're five dates in on . Valentine's Day or it's a first date on any day of the week.

To flirt with each other in real life and connect completely, you need to create conversation flow (and great nonverbal communication too, of course!). If you're feeling disconnected, ask yourself: Has our groove synced yet? Experiencing an epic date that leads to another could be as simple shifting communication.

Here's exactly how to create conversation flow so you connect every

Don't fear the lull. It's common to want to fill every silence. But you risk babbling or making the conversation more awkward than it was originally. And you could inadvertently come off as selfinvolved. Remember: You are there to receive communication as much as you are to actively communicate. Spend as much time listening as you do talking and your date will feel like you were as interested as

you were interesting. Let each topic linger.

When conversation isn't flowing right, then the tendency is to bounce from one topic to the next. You'll find your flow when instead, you focus on "me too" moments. When you hit a topic you can relate to, add on to what your date is saying. It will further qualify you as a great

match for them and help you create conversation comfort.

Go beyond small talk. Small talk creates common ground. However, any more than five minutes of the weather or how your day was and you risk losing your connection. A recent EliteSingles survey found that 25 percent of Americans find "chitchat" boring when on a first date. Get deeper than surface level by asking about your date's family, recent trips and other topics they may be passionate about. The best questions to ask are follow ups, like asking about something you know from your online messages. For example: "How did (insert topic) go this week?' It reminds your date you know each other already, creates instant comfort and removes the tension so sparks can fly.



Whatever you do, don't babble, istock

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Meet the love gurus

Dr. Bubbles, 6, and Dr. Lopez, 7, are holding a group therapy session on Valentine's Day.



FVA KIS @thisiskis

For every pop song about the glory of love, there's another one about how it turns us into idiots. But what if the reason love is complicated is because we make it that way?

It's time to simplify your love life. On Valentine's Day, Dr. Ximena Lopez Garcia, 7, and Dr. Holly Marjorie Bubbles Hook, 6, will be answering your love queries at (appropriately) Pete's Candy Store, the Williamsburg concert venue. If you think about it, they're perfect for the job: Love never gets more straightforward than before middle school, so they're probably your best chance at simple, unbiased advice. We asked the Greenpoint-based duo to

give us a preview of their group-therapy session and set you up for many happy Valentine's Days to

Stop overthinking

Dr. Lopez sums up love as "something very pretty that happens," but each person has to do her part: Be good to each other and tell your partner how you feel. Love requires compromise, but the benefits are mutual, notes Dr. Bubbles. "If they like you a lot you, you should do what they say, and then sometimes they'll do what you say." And remember that love starts with you: "If you don't love yourself, it makes your heart sad," says Dr. Lopez. "But if you love yourself, it makes your whole self happy.

Necessary qualities

When it comes to what the doctors consider important in a person they love, nothing material came up — take note, The doctors are in and ready to bring some simple wisdom to the world of love, JAMIE HOOF

If you go

Dr. Lopez and Dr. Bubbles on Love! Feb. 14, 7 p.m. Pete's Candy Store, 709 Lorimer St., Williamsburg Free, petescandystore.com

those who are prone to grand gestures on Valentine's Day but never pick up milk. Besides valuing happiness and politeness in a person, Dr. Lopez reminds us that love requires a little bravery: 'They can't be that shy, because if you want to be in love, you have to tell the person."

Dr. Bubbles appreciates her boyfriend, Milo, "because he's nice to me and because he always plays with me," and comforted her after a recent soccer injury. Chivalry is not dead, guys!

Date ideas

The doctors differed on the best way to bond with your special someone. Dr. Lopez would do something low-pressure like ViVi Bubble Tea (790 Manhattan Ave., Greenpoint), while Dr. Bubbles suggested going to a place you've never been — a scientifically proven method of bonding, by the way. When the weather warms up, Dr. Bubbles also

enjoys the beach, and the Seaglass Carousel in Battery Park was also recommended for the unique experience of crawling into together.

And because she's a modern woman, show her you're a feminist, too: "If there is a march, you can take your boyfriend there with you and protest."

Supporting vour friends

When not everyone is

Seaglass Carousel FACEBOOK the belly of a fish portive of your

relationship whether their motivation is jealousy, not liking your significant other or concern that you won't spend time with them -Dr. Lopez notes that "if you don't like love, you're going to be a miserable person."

Whatever his concerns, Dr. Bubbles adds





E 29

a person in love should react with compassion and find a way to make his friends understand that they still have a place in his life: "He shouldn't do the wrong thing; he should be nice to them and turn over a new leaf."

Stories of love

There's nothing like a good love story to set the mood for Valentine's Day. Dr. Lopez likes Princess Leia and Han Solo (love doesn't always happen at first sight!), while Dr. Bubbles prefers the "twu wuv" of "The Princess Bride" and the low-key couple Alf and Minnie on "Lark Rise to Candleford," the BBC drama about 1880s rural Britain: "It's a peaceful [show] that is kind of about love." Stream it now on PBS with some tissues handy.



This beauty collaboration will give you the feels

"I've always loved street art, but I wanted to work with someone who spreads good words," says famed nail artist and JINsoon Nails founder Jin Soon Choi. The nail guru found just the right partner for her latest collection in artist Chris Riggs.

Riggs, known for painting murals that repeat the words "peace and love" in bright colors, was happy to have his work transferred to easy-to-apply nail appliques.

The collection, which hit stores this month, includes four cheery shades (a bold pink, powder blue, poppy orange and soft gray) named Love, Peace, Hope and Grace (\$18 each). The price for the



DIY nail décor is \$12 — a steal, considering his work starts at upward of \$1,000. Little did

the pair know when they started the process months ago how badly the country would need signs of hope. When asked why he chose the words he does for his work, the artist says: "With everything going on in the world, love is the most important thing." TINA CHADHA



Make it personal

Impress your Valentine with a personal message on his sweet treat. Stop by the second floor of the Polo flagship store (711 Fifth Ave.) to

customize a chocolate bar (\$5) at the brand's in-house coffee shop, Ralph's Coffee. It's all about the details, people. TIMA CHADHA

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"Virtuous Tart" author Susan Jane White's Honuts, or health doughnuts, are made with coconut sugar, brown-rice flour and cinnamon-spiked apple sauce. I

Author Susan Jane White shares her secret to guilt-free treats.



Susan Jane White has always had a sweet tooth, but that doesn't mean she's a sugar fiend. The

Dublin-based bestselling author of "The Extra Virgin Kitchen" used to devour everything and anything in sight. But more than a decade ago, while White was a graduate student at Oxford University, a spate of immune-related flareups, from cramping to cold sores, severe exhaustion to psoriasis, caused her to change her eating habits. The chronic illnesses that had her in and out of the hospital for testing and constantly on antibiotics, led her to try an elimination diet. This not only eradicated her symptoms, but gave White a newfound calling as a nutritional chef - or a "nut," as she jokingly calls it. White's latest

cookbook, "The Virtuous Tart: Sinful but Saintly Recipes for Sweets, Treats and Snacks," provides gluten-, refined sugar- and dairy-free dessert recipes to satisfy your cravings, while keeping your insides happy.

We spoke with the saucy 37-year-old author ahead of her February book tour in New York about how she "takes the hell out of healthy" and why we should all count nutrients, not calories.

Here's the big question: How do you make sweets taste good without using refined sugar, gluten or dairy? Í'm a junk-food veteran,

so I know what I'm looking for! Treats have got

to taste amazing, or else what's the point? We use natural sugars such as honey, sticky dates, coconut nectar and maple syrup. I can't accuse any sugar of being healthy, but these are all better choices to seduce my sweet tooth. I feel fuller and satiated much anicker.

How did changing your diet cure your immune disorder?

Michael Pollan has a brilliant saying — "I'd rather pay the grocer than the doctor." My illness taught me to do exactly that. Fourteen years ago my diet used to be very restrictive: cereal and milk for breakfast, biscuits, cakes, scones for snacks, filled roll for lunch, pasta for supper,

followed by hot, milky drinks and more junk-food snacks. Cutting down on dairy, wheat

and pro-For the "Honut recipe visit metro.us cessed

> offered me new taste buds, and a new lease of life. Suddenly I was exposed to hundreds of outrageously tasty ingredients that I never even

sugar

knew existed. Chestnut pancakes, soba noodles, buckwheat waffles, chickpea falafel, [zucchini noodles, Mexican chili bean. Today my diet is mind-blowingly tasty, and I can't believe I'm so healthy, too.

In your book's introduction, you write "it makes a lot of sense to count nutrients, not calories." Can you explain your thinking there?

Sure! You could reduce your calorie intake significantly just by eating jelly all day. But that's not healthy — you'd be do-ing your brain and your battery a huge disservice. So, for me, the idea of calorie-counting is utterly bankrupt. It doesn't look after your body or your health, in my opinion.

Focusing on nutrients will get you to your "happy place much quicker! I'm not interested in size; I'm interested in happiness. Î'm interested in performance.

Treat your body like an athlete would — we've all got races to run and hurdles to jump. I don't want to sabotage my own fuel supply. I've learned that food should give you energy, not take



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RELEASING CRUZ UNDOUBTEDLY THE RIGHT CALL FOR GIANTS

KRISTIAN DYER

OPINION

Kristian Dyer is a columnist and Jets beat writer for Metro New York. @KristianRDver



The calls weren't easy ones to make, but the New York Giants did the right thing for the upcoming season, releasing veteran wide receiver Victor Cruz and running back Rashad Jennings on Monday. Both were fan favorites, both bled Giants blue, but truthfully - both had to step aside in this ruthless business.

It is the only way forward for a team that, yes, made the playoffs last year but certainly still has some rebuilding left to do. That it came at the expense of a legend in Cruz is difficult to swallow, but



Victor Cruz was pure class during his time with the Giants. GETTY IMAGES

the sentimentality of a fan favorite can't get in the way of the future.

This is especially true for Cruz, the undrafted rookie agent from UMass, a player who grew up in the shadows of the Meadowlands to eventually play for his hometown team. He became intertwined with the Giants' Super Bowl run in 2011, his second year in the

league. A 99-yard touchdown grab in Week 16 in which he embarrassed Pro Bowl cornerback Antonio Cromartie, then of the Jets, was a poignant moment in that magical

Now, Cruz is left to take that salsa dance in the end zone and ride it into the shadows. His career may not be over but barring a significant pay cut, his Giants legacy is now officially written. It might well get him in the Ring of Honor" someday.

What it won't get him is an eighth season with the Giants.

Between them, Cruz and Jennings had 110 appearances for the franchise and while their individual legacies are worthy of respect, the Giants had to move on. Neither

player was in their prime anymore, and the cap savings — now north of \$10 million, will help the Giants in a year where they need to address issues on the offensive line as well as possibly re-signing Odell Beckham Jr. The NFL is tough, and there is no room to let legends ride out a final season to say goodbye.

In a world where gen-

eral managers ask, "What have you done for me lately?" even a former Pro Bowl wide receiver such as Cruz finds himself on the cutting-room floor. Injuries have decimated that burst, the wiggle and elusiveness that marked the early years of his career. While last season wasn't a bad year for Cruz, he was a shell of the star who dominated New York with his rags to riches story.

It isn't to say that Cruz wasn't productive, just that the Giants' youth movement at wide receiver certainly foreshadowed that 2016 would be his swan song in Giants

In a way, it isn't fair. A prima donna like Beckham will surely get a max contract at the expense of Cruz, the consummate professional and teammate.

Now with cap flexibility, the Giants are going to be able to address their woeful offensive line and keep a player like Beckham on board for the longterm. In a career built on overachievement, on giving his all for the Giants franchise, this is perhaps Cruz's final sacrifice for the betterment of the franchise.

Henrik Lundqvist, Rangers quietly getting the job done

No one was thrown out of the big house on 33rd Street between Seventh and Eighth Avenues.

Statements from unnamed employees and ambiguous video lacking sound were not released.

A high-ranking executive did not author passive-aggressive tweets against his franchise's cornerstone player, leaving the athlete to answer questions about his future with the organization.

No, none of that happened. At least not for Madison Square Garden's other tenant.

While the Knicks are engaged in an unsightly, franchise-damaging soap opera that shows no sign of ending anytime soon, the Rangers completed



Henrik Lundavist GETTY IMAGES

a four-game homestand by sweeping Calgary, Anaheim, Nashville and league-worst Colorado by an aggregate 16-9.

Their collective success also led to individual glory, as Henrik Lundqvist recorded his 400th NHL win this past weekend.

"I'm just really proud and I'm really thankful for that opportunity," Lundqvist said after the

"Ive had so much fun here for so many years."

Henrik Lundqvist, on the New York crowd

Rangers' 4-2 win over the Avalanche. "This organization means so much to me and they've given me this opportunity to play a lot of hockey. It's been 12 years where I've been getting a lot of starts and I had a lot of good teammates throughout the years and you think back to them right now obviously because they're part of it as well. I will definitely enjoy this tonight and kind of reflect a little bit before you go back to work tomorrow

The Rangers' foundation since his rookie season of 2005-06, Lundqvist is the first European goaltender to win 400 games, according to the NHL. The league, citing Elias Sports Bureau, added Lundqvist is the fastest goaltender to win 400 games. He needed 727 games to do so, and boasts a career mark of 400-242-73, 2.30 goals against average and .920 save percentage.

He needed far less to develop the lasting relationship with the denizens who pack the

"I'm going to tell you that last couple minutes you hear the crowd, you get goosebumps," Lundqvist said. "It was just like my first game here when they chanted my name. That was 12 years ago. At times it feels surreal that you're in this moment, that you're here and playing, and at times you just look at it as your job because you don't want to complicate it obviously. It's a lot of fun; I've had so much fun here for so many years. When you win here — and we talked about it last week going into this week winning at MSG. The crowd is really into it and it's just the best feeling."

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The study is conducted at New York State Psychiatric Institute/Columbia University Medical Center and is funded by a research grant from the National Institute of Health.



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FOR BAFC 2007-8. Plaintiff

PEGUERO, et al Defendant(s)

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17th day of March, 2017 at

10:00 a.m. Premises All that

certain plot, piece or parcel

of land, with the buildings

and Improvements thereon

erected, situate, lying and

being in the Borough and

State of New York, Said

Inwood Street, Jamaica,

N.Y.11436. Tax account

number: SBL# 12081-150.

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Tayna Hobson-Williams, Esq.

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8 Debate

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64 The very --!

67 Bottle part

68 Good golly!

70 Acquired

Down

2 Meat jelly

3 Undersides

7 Choir voice

4 Veep's superior

69 Winding curves

1 Sticky-footed lizard

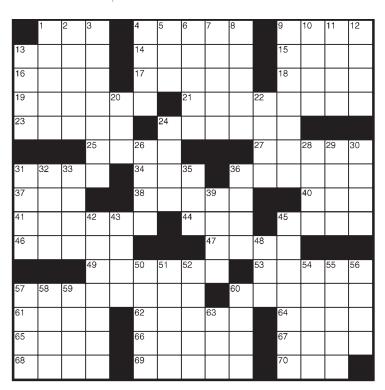
5 Space-shuttle assent (hyph.)

65 We, in Le Havre

66 Postgame wrap-up

- 9 Exhaust opposites
- 10 Koh-i- -- diamond 11 Ancient ointment
- 12 "-- All That" (1999 film)
- 13 Bric-a- -
- 20 Rte. mappers
- 22 Drinks like a cat
- 24 Withered
- 26 Sear a steak
- 28 German import
- 29 Cattle stall 30 Not there
- 31 Sugar unit
- 32 Has
- 33 Ant at a picnic
- 35 Mach 1 exceeder
- 36 On -- -- with
- 39 Exiled Roman poet
- 42 Rapacious
- 43 Thrust-and-parry sword
- 45 Mocking
- 48 Arab cloak 50 Flip over
- 51 Cat's-paws
- 52 These have many extras
- 54 Bull-riding event
- 55 Go to the polls
- 56 Durable wood
- 57 It's hit with a mallet 58 Melville title
- 59 Difficult duty
- 60 Mushrooms
- 63 No, to a laird

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easy 2 8 3 7 9 5 6 9 3 2 3 5 8 1 6 7 5 9 5 1 4 2 9

hard

4	8			1	3			
7	1				2	3		
2		2-1		5	0-0	1	6	
		2	- 3	6		- 3	5	9
3	9		(d)	4	93 3	11		S. 2
	4	1		2				6
		3	5				2	1
			1	3			9	8

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Aries Added discipline will help you conquer whatever you set out to achieve. Personal relationships should be nurtured if you want to avoid complaints.



Taurus You'll be faced with opposition if you try to do things differently. Question whether your plans are lacking and what you can do to alter the outcome.



Gemini Precision and attention to detail will be required if you want to make a lasting impression. Get involved in an organization that shares your concerns.

Cancer Be careful who you confide in. You



are better off listening to what others have to confess. Knowledge and information can put you in a powerful position. Leo You can raise awareness among your

friends and colleagues if you share your

and confidence will promote popularity.

beliefs or lifestyle choices. Self-awareness



Virgo Don't let anyone handle your personal, financial, legal or medical affairs. Take pride in what you do and how you handle anyone trying to interfere.

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Libra If you say what's on your mind, you will affect how people react to your plans. Show confidence and the willpower to follow through. Romance is highlighted.



Scorpio Stick close to home and make personal alterations to clear up any uncertainty that has been troubling you. Greater selfawareness will bring promising results.



Sagittarius Make changes that will help you look your best and feel healthy. Spending time with family and engaging in challenging physical activities or look promising.



Capricorn You'll be challenged at every step if you try to get others to do things your way. Do your own thing and allow others the same privilege.



Aquarius If you change the way you go about your business, opportunities will arise. An open mind and a keen interest in money matters will improve your standard of living.



Pisces Let your imagination take control. The importance of feeling free to be creative will help you make important decisions and changes to your personal life. EUGENIA LAST

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